

**Health**

## **Asthma Waikato**

**Physical Address:** 18 Claudelands Rd, Hamilton East, HAMILTON

**Postal Address:** PO Box 7013, Hamilton East, HAMILTON 3247

**Telephone:** 07 838 0851

**Email:** [info@asthmawaikato.org.nz](mailto:info@asthmawaikato.org.nz)

**Website:** [www.asthmawaikato.co.nz](http://www.asthmawaikato.co.nz)

**Services Offered:** Asthma Management and Education in the home and phone consultations.

## **AURAL (EARS) HEALTH**

### **Bay Audiology - Tokoroa**

**Physical Address:** 37 Mannering St, Tokoroa

**Freephone:** 0800 800 854 – For appointment

**Services Offered:** Basic free hearing tests for 18+

### **Deaf Aotearoa NZ**

**Physical Address:** Level 4, 169 London Street, HAMILTON

**Postal Address:** PO Box 19330, HAMILTON 3244

**Telephone:** 0800 33 23 22

**Email:** [duty@deaf.org.nz](mailto:duty@deaf.org.nz) or [national@deaf.org.nz](mailto:national@deaf.org.nz)

**Website:** [www.deaf.org.nz](http://www.deaf.org.nz)

**Services Offered:** Service coordination, Employment consultancy.

We are the only agency that has been established and operational for profoundly Deaf

### **Ear Health**

**Services Offered:** Hearing screenings 30 minutes, full hearing

**Physical Address:** Tokoroa Medical Centre, Gate 3, Tokoroa Hospital

**Freephone:** 0800 327 435

**Email:** [admin@earhealth.co.nz](mailto:admin@earhealth.co.nz)

### **Ear Nurse – Waikato District Health Board**

**Physical Address:** Outpatients Department Tokoroa Hospital

**Postal Address:** Private Bag 1002, TAUMARUNUI

**Telephone:** 07 886 7239

**Services Offered:** Free Children's Ear Clinic at Outpatients Department Tokoroa Hospital. For children zero through school-age

### **Hearing Aid Batteries – TCOSS**

**Physical Address:** Tulloch House, Gate 1, Tokoroa Hospital Campus

**Telephone:** 07 886 8277

**Services Offered:** Batteries Supplied by Gayle Beattie

### **Triton Hearing - Tokoroa**

**Physical Address:** Unichem Pharmacy Tokoroa, Gate 3,

Tokoroa Hospital

**Freephone:** 00800 454 544

**Website:** [www.tritionhearing.co.nz](http://www.tritionhearing.co.nz)

**Services Offered:** Hearing screenings 30 minutes, full hearing assessments, hearing aid fittings, follow up care. Subsidies available for hearing aids.

### **Vision/Hearing Technician – Waikato District Health Board**

**Contact Person:** Angela Treadaway

**Physical Address:** Tokoroa Hospital Community Services, Ward 2,  
TOKOROA 3420  
**Postal Address:** Private Bag, TOKOROA 3444  
**Telephone:** 07 885 0673  
**Mobile:** 021 920 706  
**Email:** [angela.treadaway@waikatodhb.health.nz](mailto:angela.treadaway@waikatodhb.health.nz)

### **Autism New Zealand**

**Contact Person:** Shelley Walker, Area Manager

**Physical Address:** c/- Central Hub, 57 Sunshine Ave, HAMILTON  
**Postal Address:** PO Box 406, Waikato Mail Centre, HAMILTON 3200  
**Telephone:** 07 849 2896  
**Freephone:** 0800 288 476  
**Email:** [centralhub@autismnz.org.nz](mailto:centralhub@autismnz.org.nz)  
**Web:** [www.autismnz.org.nz](http://www.autismnz.org.nz)

**Services Offered:** Outreach Coordinator and Educational Courses

### **Ballymena Home**

**Physical Address:** 60 Taupo Street, PUTARURU 3411  
**Postal Address:** PO Box 37, PUTARURU 3443  
**Telephone:** 07 883 7394  
**Email:** [nicole@ballymenahome.co.nz](mailto:nicole@ballymenahome.co.nz)

**Services Offered:** Ballymena Home is a mental health rehabilitation home and provides respite and long term residential care through community mental health services.

### **Brain Injury Waikato**

**Physical Address:** 8 Keddell, Frankton, HAMILTON  
**Postal Address:** PO Box 1168, HAMILTON 3240  
**Telephone:** 07 839 1191  
**Email:** [admin@braininjurywaikato.org.nz](mailto:admin@braininjurywaikato.org.nz)  
**Website:** [www.braininjurywaikato.org.nz](http://www.braininjurywaikato.org.nz)

**Services Offered:** Provide support and information to those affected by a brain injury, provide advocacy, support groups, expo's, events and presentations, Group session at TCOSS

## **CANCER GROUPS**

### **Cancer Society Waikato/Bay of Plenty Division**

**Physical Address:** Cnr Grey and Beale Streets  
**Postal Address:** PO Box 134, Hamilton 3240  
**Telephone:** 07 838 2027  
**Freephone:** 0800 22 77 44  
**Email:** [admin@cancersociety.org.nz](mailto:admin@cancersociety.org.nz)

### **Tokoroa Community Hospice Trust**

**Contact Person:** Vicki Ray, Service Coordinator

**Physical Address:** TCOSS, Tulloch House, Gate One, Hospital Campus, Maraetai Road, TOKOROA  
**Postal Address:** PO Box 143, TOKOROA 3444  
**Telephone/Facsimile:** 07 886 5014  
**Mobile:** 027 242 8338  
**Email:** [tokhosp@xtra.co.nz](mailto:tokhosp@xtra.co.nz)

If invited, Hospice can provide equipment and care for patients and their family supporting them through illness, death, and bereavement

## **Dementia Waikato**

**Physical Address:** 8 Keddell Street, Frankton, HAMILTON 3204

**Telephone:** 07 929 4042

**Facsimile:** 07 929 4043

**Email:** [info@dementiawaikato.org.nz](mailto:info@dementiawaikato.org.nz)

**Services Offered:** Home visits, and ongoing monitoring telephone/email support, carer support groups, advice and assistance with accessing other community services

## DENTISTS

### **Absolute Dental**

**Physical Address:** 53 Bridge Street, TOKOROA 3420

**Postal Address:** PO Box 350, TOKOROA 3444

**Telephone:** 07 886 5020

**Email:** [tok@absolutedental.co.nz](mailto:tok@absolutedental.co.nz)

**Services Offered:** Free dental care for under 18 years. Emergencies restorative work, toothaches, hygienist/dental therapist. Community Service Card facility, Gold Card Subsidies, WINZ quotes

### **Busfield Dental Care**

**Physical Address:** 59 Swanston Street, TOKOROA 3420

**Postal Address:** PO Box 65, TOKOROA 3420

**Telephone/Facsimile:** 07 886 6767

**Email:** [dental\\_care@xtra.co.nz](mailto:dental_care@xtra.co.nz)

**Services Offered:** Under 18 years free, Super Gold Card holders 10% discount, Emergency treatment, WINZ quotes provided

### **South Waikato Dental Surgery**

**Physical Address:** 42 Tirau Street, PUTARURU

**Telephone:** 07 883 8727

**Freephone:** 0800 466 9307

**Emergency Only:** 027 523 9414

**Website:** [www.ruraldental.co.nz](http://www.ruraldental.co.nz)

**Services Offered:** Convenient location, extended opening hours, advanced technologies, competitive prices

## DIABETES

### **Diabetes Nurse**

Contact Waikato Hospital on (07) 859 9180 or 021 762 952

## DISABILITY & MOBILITY SERVICE

### **CCS Disability Action**

**Physical Address:** 17 Claudelands Road, HAMILTON 3216

**Postal Address:** PO Box 272, HAMILTON 3240

**Phone:** 07 853 9761

**Facsimile:** 07 853 9765

**Freephone:** 0800 227 2255

**Email:** [waikato.admin@ccsdisabilityaction.org.nz](mailto:waikato.admin@ccsdisabilityaction.org.nz)

**Services Offered:** Support, Service coordination, advocacy, information, future planning, and community connection

### **Disability Support Link**

**Physical Address:** 87 Alexander St, HAMILTON 3204

**Postal Address:** PO Box 9201, HAMILTON 3204

**Telephone:** 07 839 8883 or 07 839 1441

**Freephone:** 0800 55 33 99 (24 hrs)

**Services Offered:** Disability Support Link is available 24 hours a day, 7 days a week. Needs Assessment and Service Coordination Agency that assists in obtaining home support services for people with disabilities, Self-referrals acceptable

### **Supported Employment Agency**

**Physical and Postal Address:** 1199 Amohia Street, ROTORUA 3010

**Telephone:** 07 347 2675

**Email:** [sea.bop@extra.co.nz](mailto:sea.bop@extra.co.nz)

**Services Offered:** Employment support. Services for youth and adults with disabilities in the Bay of Plenty

### **The Mobility Man**

**Contact Person/s:** Evan and Kathryn Marelich

**Physical Address:** 360 Te Rapa Road, HAMILTON 3200

**Postal Address:** PO Box 27021, HAMILTON 3257

**Telephone:** 07 850 9394 / 0800 00 38 38

**Mobile:** 027 4945 784

**Email:** [mobilityman@extra.co.nz](mailto:mobilityman@extra.co.nz)

**Website:** [www.mobilityman.co.nz](http://www.mobilityman.co.nz)

**Services Offered:** Wheelchair and mobility scooters, walkers, shower stools, electric lift chairs – sales, service, repairs and rentals. Lottery grants available for scooters. We cover the greater Waikato area in our three vans

### **Waikato Mobility Scooters**

**Telephone:** 07 858 2246

**Mobile:** 027 45 22 44

**Freephone:** 0800 004 884

**Email:** [scooters@waikatomobilityscooters.co.nz](mailto:scooters@waikatomobilityscooters.co.nz)

**Website:** [www.mobilityscootersnz.co.nz](http://www.mobilityscootersnz.co.nz)

**Services Offered:** Supply and maintenance of mobility scooters

### **Motor Neurone Disease – Waikato Branch**

**Contact Person:** Carol Matthews

**Telephone:** 07 848 2347

**Mobile:** 029 773 6662

### **MS Waikato Trust**

**Contact Person:** Janet, Office Admin

**Physical Address:** LIFE Unlimited Building, 20 Palmerston Street,  
HAMILTON

**Postal Address:** PO Box 146, HAMILTON 3240

**Telephone:** 07 834 4740

**Email:** [janet@mswaikato.org.nz](mailto:janet@mswaikato.org.nz)

**Website:** [www.mswaikato.org.nz](http://www.mswaikato.org.nz)

**Services Offered:** Information, education and support for people affected by neurological disorders in the Waikato region. Support groups, home visits, seminars, exercise, and yoga classes for people with MS, Huntington's Disease and ME/Chronic Fatigue

## DISTRICT & PUBLIC HEALTH NURSES

### **District Nurses - Tokoroa**

**Physical Address:** Tokoroa Hospital, Gate 1, Maraetai Road, TOKOROA

**Telephone:** 07 885 0613 or 886 0020

### **Public Health Nurses**

**Physical Address:** Community Health Services, Tokoroa Hospital, Gate One, Maraetai Road, TOKOROA 3420

**Phone:** 07 885 0600 Extn 24656

**Services Offered:** Free health service for school aged children up to 18 years.

## DOCTORS

### **After Hours Medical Care**

**Telephone:** 07 886 6111

### **Mangakino Health Services**

**Physical Address:** The Surgery, 60 Rangatira Drive, MANGAKINO

**Postal Address:** PO Box 11, MANGAKINO 3445

**Telephone:** 07 882 8299

**Website:** [mangakino.health@xtra.co.nz](mailto:mangakino.health@xtra.co.nz)

### **Putaruru / Tirau Family Doctors**

**Physical Address:** 8 Duke Street, PUTARURU 3411

**Postal Address:** PO Box 189, PUTARURU 3443

**Telephone:** 07 883 3965

**Email:** [duke.putaruru@xtra.co.nz](mailto:duke.putaruru@xtra.co.nz)

**Services Offered:** General practice medical services, ear nurse specialist, audiologist, podiatrist, diabetes nurse educator, pathlab

### **Tokoroa Family Health**

**Physical Address:** Gate 3, Maraetai Road, Tokoroa Hospital, TOKOROA 3420

**Postal Address:** PO Box 51, TOKOROA 3444

**Telephone:** 07 886 5431

**Email:** [admin@tokhealth.co.nz](mailto:admin@tokhealth.co.nz)

**Services Offered:** We offer traditional family based general practice in a relaxed child friendly environment

### **Tokoroa Medical Centre**

**Physical Address:** Gate 3, 57 - 75 Maraetai Road, Tokoroa Hospital, TOKOROA 3420

**Postal Address:** PO Box 48, TOKOROA 3444

**Telephone:** 07 886 8777

**Email:** [tokoroa@phcl.health.nz](mailto:tokoroa@phcl.health.nz)

**Website:** [www.itsmyhealth.co.nz](http://www.itsmyhealth.co.nz)

## DRUG & ALCOHOL COUNSELLING

### **CareNZ Waikato Community Services - Putaruru**

**Physical Address:** Overdale Community Centre, 12-16 Overdale Street, PUTARURU 3443

**Postal Address:** PO Box 9173, HAMILTON 3204

**Freephone:** 0800 499 469 or 07 883 8771

**Email:** [waikato@carenz.co.nz](mailto:waikato@carenz.co.nz)

**Website:** [www.carenz.co.nz](http://www.carenz.co.nz)

**Services Offered:** 18+ Free alcohol and other drug counselling services, including assessment, screening, brief interventions, one on one counselling. Additional services eg, group work, aftercare or NZTA courses can be accessed through our Care NZ community services in Hamilton.

### **CareNZ Waikato Community Services - Tokoroa**

**Physical Address:** TCOSS, Tulloch House, Gate 1, Tokoroa Hospital, Maraetai Road, TOKOROA 3420

**Postal Address:** PO Box 9173, HAMILTON 3204

**Freephone:** 0800 499 469 or 07 886 8277

**Email:** [waikato@carenz.co.nz](mailto:waikato@carenz.co.nz)

**Website:** [www.carenz.co.nz](http://www.carenz.co.nz)

**Services Offered:** 18+ Free alcohol and other drug counselling services, including assessment, screening, brief interventions, one on one counselling. Additional services eg, group work, aftercare or NZTA courses can be accessed through our Care NZ community services in Hamilton.

### **CareNZ Youth Intact**

**Postal Address:** PO Box 9173, HAMILTON 3204

**Freephone:** 0800 468228

**Website:** [www.youthintact.org.nz](http://www.youthintact.org.nz)

**Services Offered:** 12 – 19 years old. Drug and alcohol service for rangatahi.

### **Epilepsy Association of NZ**

**Physical Address:** 6 Vialou Street, Frankton, HAMILTON 3204

**Postal Address:** PO Box 1074, WMC, HAMILTON 3240

**Telephone:** 07 834 3556

**Freephone:** 0800 37 45 37

**Email:** [national@epilepsy.org.nz](mailto:national@epilepsy.org.nz)

**Website:** [www.epilepsy.org.nz](http://www.epilepsy.org.nz)

**Services Offered:** Self-referral or by whanau/family, GP or specialists. Core services, meeting one on one with people.

### **Epilepsy Waikato Charitable Trust**

**Physical Address:**

**Postal Address:** PO Box 633, HAMILTON 3240

**Mobile:** Maria - 021 888 293 or Margaret – 027 739 6753

**Email:** [maria@ewct.org.nz](mailto:maria@ewct.org.nz) or [info@ewct.org.nz](mailto:info@ewct.org.nz)

**Website:** [www.ewct.org.nz](http://www.ewct.org.nz)

**Services Offered:** Self-referral or by whanau/family, GP or specialists. Core services, meeting one on one with people.

Education to the public about epilepsy. Group session in Tokoroa

## **Healthline**

**Freephone:** 0800 611 116 24/7

**Services Offered:** Health Advice and information, can also engage with NZ Relay Services if you are Deaf, hearing impaired, Deafblind or speech impaired

## **HEALTH CONSUMER ADVOCACY SERVICES**

### **Nationwide and Disability Advocacy Service**

**Telephone:** 07 349 0182 - Rotorua

**Freephone:** 0800 55 50 50

**Email:** [advocacy@advocacy.org.nz](mailto:advocacy@advocacy.org.nz)

**Website:** [www.advocacy.org.nz](http://www.advocacy.org.nz)

**Services Offered:** Works alongside users of health & disability service to ensure their voices are heard, where rights have been infringed. Supports consumers with complaints and ensures the Code of Rights is carried out

### **Health Consumer Service**

**Contact Person:** Gwen Robyns

**Telephone:** 07 886 9594

**Email:** [gwen@healthcomplaints.co.nz](mailto:gwen@healthcomplaints.co.nz)

**Services Offered:** Free confidential service. Accessing information on behalf of health consumers, accessing medical records on behalf of health consumers, mentoring consumers when laying concerns, presentations to groups, clubs, services

## **HOSPITAL SERVICES**

### **Tokoroa Hospital**

**Physical Address:** Tokoroa Hospital, Gate One, Maraetai Road,  
TOKOROA

**Postal Address:** Private Bag, TOKOROA

**Telephone:** 07 885 0600

**Email:** [www.waikatodhb.govt.nz](http://www.waikatodhb.govt.nz)

### **Community Health Family Health Team**

**Contact Person:** Puapii Daniel–Ngatai, Pacific Health Liaison

**Physical Address:** Tokoroa Hospital, Maraetai Road, TOKOROA

**Telephone:** 07 886 7239 ext 879

**Facsimile:** 07 886 5235

### **Emergency Department**

**Telephone:** 07 886 7239

**Services Offered:** The Emergency Department is unable to provide medical advice over the telephone. If you are concerned, please either call an ambulance 111 or contact your General Practitioner

### **Immunisation Advisory Centre**

**Telephone:** 0800 466 863

**Website:** [www.immune.org.nz](http://www.immune.org.nz)

**Services Offered:** The Immunisation Advisory provides independent, information \*including benefits and risks, not only to parents and caregivers but also to Doctors and Nurses



## **Hotel Services Department**

Telephone: 07 886 1810

Facsimile: 07 886 4701

**Services Offered:** Meals on Wheels Monday to Friday. Tokoroa Hospital Café is open to the public Monday to Friday 8.00 am to 1.30 pm. All goods are made fresh on site daily. Catering available for small functions, Home baking on request

## **Midwifery Services**

Telephone: 07 886 7239

After Hours: 07 886 089

## **Social Worker Service**

**Physical Address:** Community Health Services, Tokoroa, Hospital Services, Maraetai Road, TOKOROA

Telephone: 07 885 0600 – Hospital Reception

Facsimile: 07 885 0633 – Community Health

**Services Offered:** Working from a social justice model in providing support & advocacy in situations characterised by Health-related issues primarily involving: Complex social & environmental risk factors, violence / children & adults, complex social & medical issues, loss & grief, trauma through injury, diagnosis or death, pregnancy decision support, high personal risk requiring legislative response.

## IMMUNISATION

### **National Immunisation Register**

**Physical Address:** Parker Building, Waikato Hospital, Pembroke Street, HAMILTON

**Postal Address:** Waikato DHB, PO Box 934, HAMILTON

**Freephone:** 0800 100 273

### **La Leche League – South Waikato**

**Contact Persons:** Stephanie – Mobile: 027 286 3881

**Email:** [stephanie@gudgeonfarms.co.nz](mailto:stephanie@gudgeonfarms.co.nz)

**Services Offered:** Breastfeeding support and information

## MEDICAL LABORATORY

### **Pathlab – Putaruru**

**Physical Address:** Putaruru – Tirau Family Doctors,  
8 Duke Street, PUTARURU

Telephone: 07 883 3922

### **Pathlab Medical Laboratory – Tokoroa**

**Physical Address:** Tokoroa Family Health, Gate 3,  
Tokoroa Hospital, Maraetai Road, TOKOROA

Telephone: 07 886 0356

## MENTAL HEALTH SERVICES

### **Perinatal Mental Health Service**

Telephone: 07 834 6902

**Mental Health Emergencies:** 0800 50 50 50

**Services Offered:** Women who are pregnant and have babies up to 1 year, Termination, Birth Trauma, Still Born Loss

### **Progress to Health**

**Physical Address:** 235B Roseberry Street, TOKOROA 3420

**Telephone: Freephone:** 0800 77 57 57

**Website:** [www.progresstohealth.org.nz](http://www.progresstohealth.org.nz)

**Services Offered:** Support & Education. Group activities, advocacy, resources, anyone between 18 - 65 years with a Mental Health Diagnosis. Free service

### **Rural Mental Health & Addictions Service Tokoroa**

**Physical Address:** Gate 2, Tokoroa Hospital, Maraetai Road, TOKOROA

**Postal Address:** Mental Health and Addictions Service,  
C/- Tokoroa Hospital, Private Bag, Tokoroa 3444

**Telephone:** 0800 154 973 or 07 885 0650

**Email:** [ruralsouthsector@waikatodhb.health.nz](mailto:ruralsouthsector@waikatodhb.health.nz)

**Services Offered:** Adult Mental Health Service, Drug & Alcohol Service, Child & Adolescent Mental Health Service

### **Supporting Families/Whanau In Mental Illness Tokoroa**

**Physical Address:** C/- TCOSS, 55-57 Maraetai Road,  
Tulloch House, Gate 1, Tokoroa Hospital, TOKOROA 3420

**Telephone:** 07 886 1568

**Freephone:** 0800 555 434

**Email:** [tokoroa@sfgwaikato.org.nz](mailto:tokoroa@sfgwaikato.org.nz)

**Website:** [www.supportingfamilies.org.nz](http://www.supportingfamilies.org.nz)

**Services Offered:** We provide information, support, education and advocacy to whanau whose loved ones suffer from mental illness

### **Midwives - Private**

**Physical Address:** C/- TCOSS, Tulloch House, Gate 1, Tokoroa Hospital, TOKOROA 3420

**Mobile:** 027 776 1253 - Jo

**Mobile:** 022 126 4554 - Dee

**Services Offered:** Free Service. Providing safe continually of care during your pregnancy, labour & birth and after your baby is born. Midwifery support and guidance for woman who want to or need to birth at Waikato Hospital or one of the Hamilton birth centres. All Antenatal care will be provided at the TCOSS building & postnatal care in your home

## Oral Health

### **Community Oral Health Waikato DHB**

**Physical Address:** Level 2, 193 London St, Hamilton 3240

**Postal Address:** Private Bag 3200, Hamilton 3240

**Phone:** 0800 Talk Teeth - 07 859 9160

**Email:** [admin@waikatodhb.health.nz](mailto:admin@waikatodhb.health.nz)

**Services Offered:** Deliver educations from 0 – 18 years of age.  
Do promotional activities within schools 0-18 years of age.  
Do promotion activities within community surroundings.

## PARKINSONS

### **Parkinson's Waikato**

**Physical Address:** 11 Somerset Street, Frankton, HAMILTON

**Postal Address:** PO Box 1235, WMC, HAMILTON 3240

**Telephone:** 0800 473 4636 or 07 839 9038

**Mobile:** 027 255 5123

**Email:** [janine.mair@parkinsons.org.nz](mailto:janine.mair@parkinsons.org.nz)

**Website:** [www.parkinsons.org.nz](http://www.parkinsons.org.nz)

**Services Offered:** To provide support, education & information for those with Parkinson conditions. This includes families, carers, & health professionals. This can be achieved with the right support for their needs. We offer exercise groups, support groups, young onset groups, educational, seminars to the public and health professionals

## PHARMACY

### **Putaruru Unichem**

**Physical Address:** 3 Duke Street, PUTARURU 3421

**Postal Address:** PO Box 208, PUTARURU 3443

**Telephone:** 07 883 7599

**Facsimile:** 07 883 7548

**Email:** [putdispensary@gmail.com](mailto:putdispensary@gmail.com)

### **Mangakino Pharmacy**

**Physical Address:** Civic Centre, 69 Rangatira Drive,  
MANGAKINO 3421

**Telephone/Facsimile:** 07 882 8019

**Email:** [specmango@gmail.com](mailto:specmango@gmail.com)

### **Unichem Health Centre Pharmacy**

**Physical Address:** Gate 3, Tokoroa Hospital, Maraetai Road,  
TOKOROA 3420

**Postal Address:** Gate 3, Tokoroa Hospital, Maraetai Road  
TOKOROA 3420

**Telephone:** 07 886 7584

**Facsimile:** 07 886 0112

**Email:** [shop@tokoroapharmacy.nz](mailto:shop@tokoroapharmacy.nz)

**Prescription Email:** [rxhosp@tokoroapharmacy.nz](mailto:rxhosp@tokoroapharmacy.nz)

**Website:** [www.tokoroapharmacy.nz](http://www.tokoroapharmacy.nz)

**Services Offered:** Emergency contraceptive pill, smoking cessation, mobility scooters, wheelchairs, walkers.

### **Unichem Tokoroa Pharmacy**

**Physical Address:** 221 Leith Place, TOKOROA 3420

**Telephone:** 07 886 7582

**Facsimile:** 07 886 1517

**Email:** [shop@tokoroapharmacy.nz](mailto:shop@tokoroapharmacy.nz)

**Prescription Email:** [rxleith@tokoroapharmacy.nz](mailto:rxleith@tokoroapharmacy.nz)

## PHYSIOTHERAPY/CHIROPRACTIC

### **Community Physiotherapist**

Physical Address: Tokoroa Hospital, Maraetai Rd, TOKOROA 3420

Postal Address: Private Bag, TOKOROA 3444

Telephone: 07 885 0600

### **Occupational Therapy**

Physical Address: Tokoroa Hospital, Maraetai Rd, TOKOROA 3420

Postal Address: Private Bag TOKOROA 3444

Telephone: 07 885 0600

**Services Offered:** Assisting a person to achieve/maintain maximum level of independence, through assessment, intervention and treatment

### **Tokoroa Chiropractic Clinic**

Telephone: 07 886 7613

### **Packard Chiropractic Clinic**

Telephone: 027 4312 544

Gate 3, Ward 4, Tokoroa Hospital

## PLUNKET

### **Plunketline**

Freephone: 0800 933 922 – 24 hours

### **Putaruru/Tirau**

Physical and Postal Address: 7 Overdale Street, PUTARURU 3411

Telephone: 07 883 7256

Facsimile: 07 883 7261

Website: [www.plunket.org.nz](http://www.plunket.org.nz)

**Services Offered:** Well Child Assessments and Advice

### **Tokoroa/Mangakino**

Physical and Postal Address: Gate 3, Maraetai Rd, Tokoroa Hospital

Telephone: 07 839 5709

Email: [waikato.admin@plunket.org.nz](mailto:waikato.admin@plunket.org.nz)

**Services Offered:** Well Child Assessments and Advice

### **Podiatry - Cambridge Foot Clinic**

Physical Address: Gate Three, Tokoroa Hospital, Maraetai Road,  
TOKOROA 3420

Postal Address: PO Box 1000, CAMBRIDGE 3434

Telephone: 07 823 4042

Email: [admin@cambridgefootclinic.co.nz](mailto:admin@cambridgefootclinic.co.nz)

Website: [www.cambridgefootclinic.co.nz](http://www.cambridgefootclinic.co.nz)

**Services Offered:** Clinics every Friday 9am – 4pm. Next to Pathlab

## RAUKAWA CHARITABLE TRUST - Health And Social Services

**Situated:** Tokoroa, Putaruru, Te Awamutu, Matamata

**Physical Address:** 1 - 11, Raukawa Way, TOKOROA

**Postal Address:** Private Bag 8, TOKOROA 3444

**Telephone:** 0800 728 5292 or 07 885 0260

**Facsimile:** 07 885 0261

**Email:** [info@rauakawa.org.nz](mailto:info@rauakawa.org.nz)

**Website:** [www.raukawa.org.nz](http://www.raukawa.org.nz)

**Services Offered:** General public, Self-Referrals, No cost for services

Community Outreach Nurse	Tamariki Ora Well Child
DHB Whanau Ora Kaiarahi	TPM Whanau Ora Kaiarahi
Drug and Alcohol	Waka Taua Wellness
Family Start	Whanau Lifestyle
Health Promotions	Whanau Ora
Koroua & Kuia	Maori Disability Service
Mobile Chronic Disease	

## RESTHOMES

### **Cardrona Rest Home**

**Physical Address:** 16 MacKenzie Street, PUTARURU 3411

**Telephone:** 07 883 3708

**Email:** [office@cardronahome.co.nz](mailto:office@cardronahome.co.nz)

**Services Offered:** Good Care, Respite Care, and Residential Day Care

### **Rangiura Home**

**Physical Address:** 17 Matai Crescent, PUTARURU 3411

**Postal Address:** PO Box 207, PUTARURU 3443

**Telephone:** 07 885 1040

**Email:** [home@rangiura.co.nz](mailto:home@rangiura.co.nz)

**Website:** [www.rangiura.co.nz](http://www.rangiura.co.nz)

**Services Offered:** Day Stay, Respite Care, Permanent Residence, Dementia Care Unit

### **Victoria Place**

**Physical Address:** 9 Victoria Place, TOKOROA 3420

**Telephone:** 07 886 1572

**Email:** [victoriaplacecare@oceaniahealthcare.co.nz](mailto:victoriaplacecare@oceaniahealthcare.co.nz)

**Website:** [www.oceaniahealthcare.co.nz](http://www.oceaniahealthcare.co.nz)

**Services Offered:** Rest Home level care, Hospital care, Dementia, Palliative, Respite care and Day respite.

### **Standards and Monitoring Services (SAMS)**

**Telephone:** 04 569 8301

**Mobile:** 027 414 5267

**Email:** [samsno@actrix.co.nz](mailto:samsno@actrix.co.nz)

**Website:** [www.sams.org.nz](http://www.sams.org.nz)

**Services Offered:** In partnership with disabled Persons/Family/Whanau to improve community services for people with disabilities or mental health issues. Carers Courses, Disability Service Development, Family Development

## **SOUTH WAIKATO PACIFIC ISLAND COMMUNITY SERVICES INC**

**Physical Address:** Pacific Island Trust Building, 1 Maraetai Road, TOKOROA 3420

**Postal Address:** PO Box 564, TOKOROA 3444

**Telephone:** 07 886 0010

**Email:** [ceo@swpics.org.nz](mailto:ceo@swpics.org.nz)

**Website:** [www.areretai.nz](http://www.areretai.nz)

### **Services Offered:**

Community Nursing / Outreach Health

Breast Screening Support

Chronic Disease Management

Chronic Care Support – GP, Travel, Pharmacy

Health Promotion – Adults / Children

Sexual and Reproductive Health

Community Health Worker – Long Term Conditions

**Social Services:** Violence Prevention

**Whanau Ora Services:** Whanau Ora Navigation

Breastfeeding Peer Counselling

Cervical Screening

Home Based Support

Mobile Nursing

Pregnancy and Parenting

Well Child

### **Stillborn and Newborn Death Support (SANDS)**

**Postal Address:** PO Box 136, HAMILTON 3240

**Freephone:** 0800 57 00 33

**Email:** [janet@sands.org.nz](mailto:janet@sands.org.nz)

## **ST JOHNS**

### **St Johns Caring Caller**

**Freephone:** 0800 780 780

**Services Offered:** Caring Caller provides the opportunity of friendship and regular contact over the telephone

### **St Johns Medical Alarm**

**Freephone:** 0800 50 23 23

### **St Johns - Mangakino**

**Postal Address:** 25 Commerce Street, MANGAKINO

**Telephone:** 0800 426 285

### **St Johns - Putaruru**

**Address:** 19 Overdale Street, PUTARURU 3411

**Postal Address:** PO Box 39, PUTARURU

**Telephone:** 07 883 8663 or 0800 78 56 46

**Email:** [put.station@stjohn.org.nz](mailto:put.station@stjohn.org.nz)

### **St Johns - Tokoroa**

**Physical Address:** 68 Logan Street, TOKOROA 3420

**Postal Address:** PO Box 98, TOKOROA 3444

**Telephone:** 07 886 8365

**Email:** [station.tok@stjohn.org.nz](mailto:station.tok@stjohn.org.nz)

**Website:** [www.stjohns.org.nz](http://www.stjohns.org.nz)

**Services Offered:** **Health Shuttle Service:** Monday, Wednesday, Friday. Tokoroa – Hamilton - Tokoroa

## STROKE

### **Stroke Foundation NZ**

**Contact Person:** Evie Denfield, Community Stroke Advisor

**Physical Address:** c/- TCOSS, Maraetai Road, Gate One, Tokoroa Hospital, TOKOROA 3420

**Postal Address:** PO Box 429, TOKOROA 3444

**Telephone:** 07 886 9992

**Mobile:** 021 962 364

**Email:** [south.waikato@stroke.org.nz](mailto:south.waikato@stroke.org.nz)

**Website:** [www.stroke.org.nz](http://www.stroke.org.nz)

**Services Offered:** In home visiting, education, support presentations to community groups. In-service to support staff/rest homes, a cost for in service. Involved with other services

### **South Waikato Stroke Support Group**

**Contact Person/s:** Irene / Dot

**Physical Address:** Elim Church, 276–286 Balmoral Drive, TOKOROA

**Postal Address:** PO Box 439, TOKOROA 3444

**Telephone:** 07 886 9331 - Irene

**Telephone:** 07 886 5593 - Dot

**Services Offered:** Meetings held every second and fourth Tuesday of the month for support, friendship and activities